Shaelene Kite

Elevating Your Impact

Rebelmente

2025

www.rebelmente.com
@rebelmente
shaelene@rebelmente.com

SPEAKER | TRAINER | THERAPIST | PODCAST HOST

About Shaelene

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Shaelene Lauriano Kite, LPC, DBT-LBC, RYT is a 4x entrepreneur not limited to her work as a counselor, yoga teacher and practice owner. She leads a group practice of 20+ that has continued to grow rapidly since its opening in 2018. Her practice, DBT of South Jersey earned its first $1 million plus in revenue in just two short years after opening its doors, and continues to grow steadily in subsequent years.

Shaelene is an international speaker, having lead business focused talks for therapists in Spain, Italy and Ireland, as well as countless online events and summits. Shaelene is also the creator behind **Clinically Ever After**, a conference for clinicians at Walt Disney World.

Shaelene co-created the groundbreaking program **Stabilize and Scale** with her business partner Katie May in order to help visionary group practice with the business side of running a thriving practice. Through this endeavor, they have lead online cohorts and in person conferences (Such as the Visionary Mastery Summit) for group practice owners to help them transform their businesses.

In 2024 Shaelene launched **The Rebel Minds Learning Collective**, the only DBT training program that provides all inclusive training support with high value content, for a fraction of the cost.

Talks Delivered

Entrepreneurial Focus

- **Enhance + Expand**-Growing Your Income While Making an Impact
- **Numbers Aren't Nasty**-How to Shift Your Team Into A Culture of Accountability
- **Lean Into Your Competitive Edge**-Identify Key Differentiators and Gain Clarity In Your Business
- **Executing Your Vision**-Essential Strategies for Enhancing Your Quarterly Meeting
- **Letting Go to Level Up**-Trusting Your Team to Lead
- **Data Driven Decisions**-Using Numbers to Scale Your Practice (Instead of Your Gut)

Clinical Focus

- **Bandwidth, Boundaries and Burnout**-Creating Sustainable Careers in Mental Health
- **Getting Unstuck**-Targeting Lack of Progress and Facilitating Change
- **Optimizing Orientation Strategy-Setting the Stage for Effective** Therapy and Minimizing Burnout

Contact

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